



# Preparing for Adulthood

18<sup>th</sup> July 2019

**Adults, Children and Education**

Adult Social Care

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# Context for Change

- The current model of PFA delivery does not meet best practice - best practice would deliver a service starting transition planning from 14 years
- The Multidisciplinary nature of transition requires leadership and ownership across the transition pathway, to ensure there are no gaps in the support provided for young people, i.e. Children's Services, Adult Services, SEND (and school colleagues,), parents/carers and young people
- Initial commissioned discovery work evidenced the need to take a more strengths based approach, increase the use of AT ( Assistive Technology) and also identified the need for commissioning work to increase the available market away from high cost residential care outside and within Bristol.
- The current PFA budget is £2.4m overspent on a £7.4m budget in 2018/19 for a cohort of approx. 160 18-25 year olds.
- Currently in excess of 60 young people transfer to adult services each year and their need for planning and support into adulthood with an independence focus is essential to improve their adult lives.

# Vision and Objectives

- Developing a Pathway to Adulthood 14+ Transitions is a part of the Adult Services Better Lives Programme
- A key aspect of the vision for this service is to:

*Improve independence and outcomes for working age adults using strength based approach that has synergies with the strengthening children and families programme delivering the right service in the right place and the right time.*

- Preparing young people for adulthood is an anxious time for them and their parents /carers; there is a need to address this, by delivering a pathway that is fully participatory and where the voice of the young person, their parents/carers is heard.
- Bristol is committed to delivering the Preparing for Adulthood outcomes set out in the SEND reforms: independent living, employment and training, enjoying social networks and friendships and promoting health and well-being. To achieve this, the current social care model, that is divided between adults and children's social care and education separately, is to be joined seamlessly across the three directorates to improve practice and outcomes.

# The Pathway to Adulthood Offer

- A team will work with young people from 14 years who have a trajectory to requiring services as adults and work within current legislation. They will become experts in their field and work in collaboration with Through Care, SEND, and Disabled Children's Team to wrap around each child.
- The team will ensure there is a clear focus and transition plan at Education Health Care Plan review at 14 years on independence, and follow up at reviews. It will have a clear strategy to work with young people on gaining their views for their future, as well as working with parents and carers towards independence as adults.
- The team, with relevant colleagues and partners, will provide information and support to young people wanting to access further education, training and employment and wanting to live independently in their communities within Bristol.

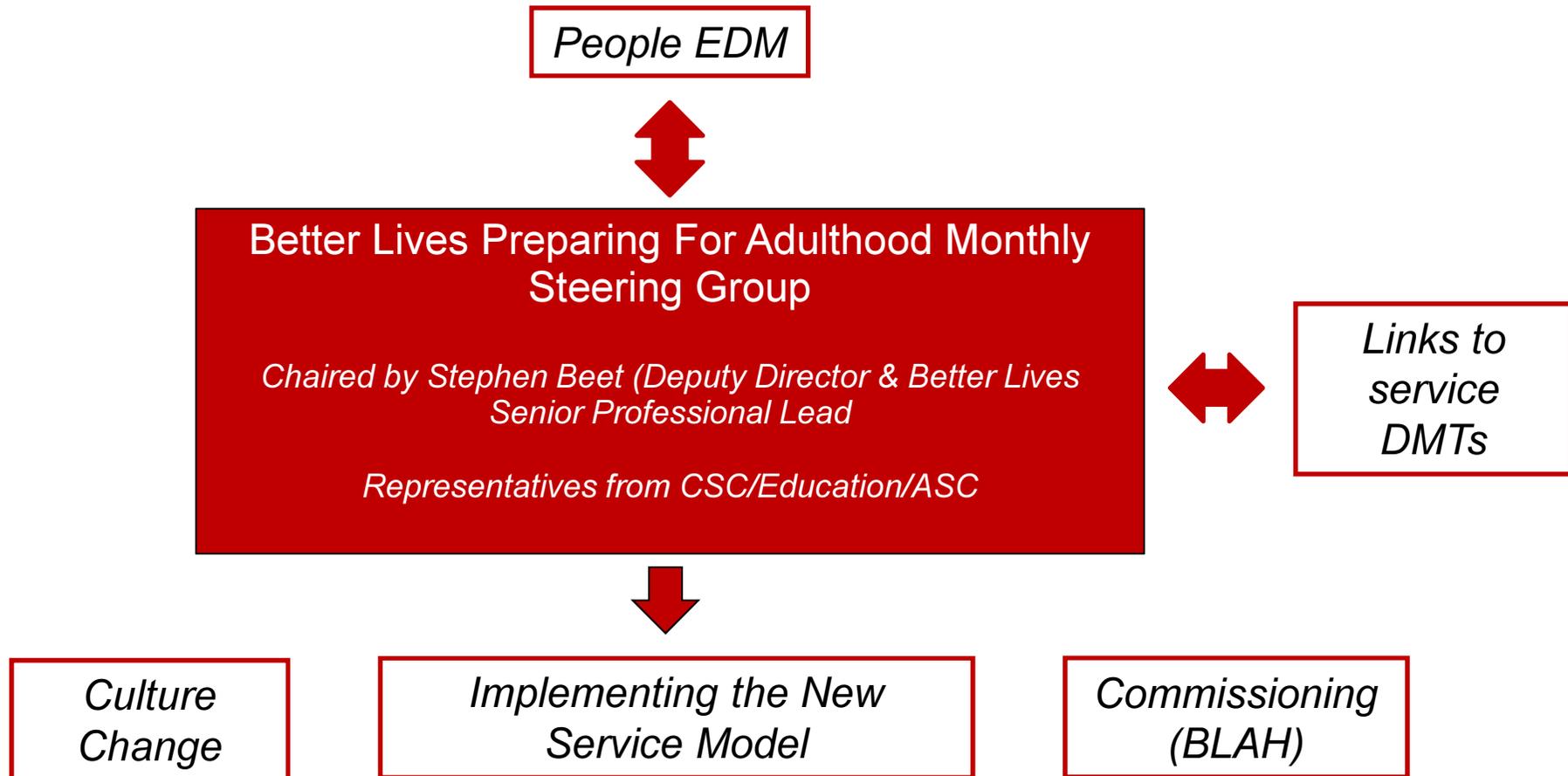
# Links with Better Lives At Home

- The Better Lives at Home - First Home offer is underway to develop provision for young disabled people who will transition from children's services to adult care services, in particular, for young people who have been in residential education provision out of Bristol and are not able to live with their family. This provision will be developed so that these young people can return to the city with appropriate support to maximise their independence in both the short and longer term.
- Three specific supported living schemes are being developed locally by BCC.
  - Refurbishment of the former Sea Mills children centre to include 6 self-contained homes for people with complex needs that include both learning difficulties and physical impairment.
  - The other two schemes which total 10 flats are located in the north of the city and are owned, funded from their own resources and recycled NHS England grant (transforming care programme) and have been developed (one site) by a Homes West Partner for suitable nominees of young people who have learning difficulties, and or autism.
- The young people will be offered Individual Service Funds, an approach to contracting that promotes more personalisation for someone who does not wish to manage a direct payment.

# How we reduce the overspend in the service

- The proportion of adults with learning disabilities in paid employment is low; young adults are ill prepared for moving into independent living and they require higher level support than may be necessary had they had the strength based, independence focused planning starting at 14 years.
- The tracking of young people's needs, the JAP and the monthly case discussion forum should allow for a thorough knowledge of their trajectory from an earlier age which will inform service development.
- This solution of working with young adults that happens earlier, more intensively and at pace is needed to stem the significant increases in the cost of individual care packages. The risk without this appropriate level of investment made is that the cost of placements will continue to increase where there is no budget provision.
- This coordinated approach to development and improved services provides the best opportunity to increase independence and reduce costly residential care and to enable better outcomes for young people.

# Project Governance



## Dependencies:

Better Lives At Home; Technology Enabled Care; Adults Under 65

**People**

Adult Social Care

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# PFA Next Steps

The project will focus on the following activities in the short term:

- Recruitment of a team manager and 5 social care practitioners is underway, who will be responsible for the development and delivery of our Pathway to adulthood 14+ transitions offer and who will become a small team of subject experts that lead and take responsibility for ensuring 14+ young people and families have an informed and smooth transfer into adult services. This team will manage and take responsibility for the improvements of the wide network of services needed to provide young people with a service that focuses on aspirations, inspiration and independence focused services.
- Agreement of the service vision and priorities; deliver any training needs; performance goals and trajectories, establish data requirements; create a Pathway to Adulthood Bristol Offer.
- Once the team is established, there will be a continued focus on delivering better outcomes alongside efficiencies and cost avoidance/savings.